



# Peponi House Preparatory School

HEADMASTER: ROBERT J. BLAKE B.Sc.(Hons.), P.G.C.E., N.P.Q.H., IAPS

## PEPONI HOUSE PREP. SCHOOL Games Policy

### **Policy in Practice**

The school believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities. All games' activities are based on progressive learning objectives, which, combined with varied and flexible teaching styles, endeavour to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

There are school teams at the Under 9, 11 and 13 age groups in all of the major sports, with fixtures arranged with other schools for the U11 'A' and 'B' and U13 1<sup>st</sup> and 2<sup>nd</sup> teams in those age groups. In addition there are some U11 'C', 'D' and 13 3<sup>rd</sup> team fixtures in some age groups, dependent on the other schools' pupil numbers, so that as many pupils as possible represent the school at some stage.

### **Squad Selection**

For the first week of each term all children of each age group, (Years 7 & 8 U13, Year 5 & 6 U11 and Year 3 & 4 U9) are involved in drills, skills and game activities as well as fitness training so that all coaches can assess the ability of each child individually in that age group. At the end of the first week the coaches meet to decide which children are placed into which group. Throughout the term constant assessment is carried out on the children's current ability. This may result in a child moving groups.

### **Late Practice**

All children from the U13 1<sup>st</sup> & 2<sup>nd</sup> and U11 A & B teams are required to stay for late practice once a week from 4 pm-5 pm, (U13's on Tuesday & U11's on Wednesday). The Under 9 A & B Squads have a late practice on Mondays 3:30 pm to 4:30 pm. Late practice for other groups is non-compulsory and is at the discretion of the coach. E.g. They may be required to stay for a late practice just prior to a match.

Coaches will publish details of late practices for their groups in advance on the sports boards.

### **Lunchtime Practices**

During the athletics/cross country term there are lunchtime practices for children who have been invited to attend. Invitation will be limited to children selected to join the athletics/cross country squad. Invitation is initially based on the previous year's performance and current performance in P.E. lessons. Over the term children will be continually assessed during P.E. and Games lessons with a view to them possibly joining the athletics/cross country squad.

Athletics/cross country lunchtime practices are very specific sessions designed to improve specific skills for IAPS events.



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Due to time restrictions it is NOT possible for athletics/cross country training to continue during the off season.

## Matches

Matches are played in order to give our pupils experience of different opponents and conditions. They learn to work as a team and develop leadership qualities as well as to be humble in victory and gracious in defeat.

The number of matches played by each group in one particular season is dependent on the number of schools with available teams to participate. All is done to ensure each team gets to play the maximum number of matches possible.

All team coaches endeavour to give every child match experience when ever possible, although with large groups this is not always practical e.g. in the netball season.

## Tournaments

Inter-school tournaments take place towards the end of each term. Selection for these tournaments is limited to 1<sup>st</sup> and A team players. It is expected that any child privileged to be selected will attend.

## Nairobi Teams

Children from all schools in Nairobi are eligible to play for the Nairobi Schools Team. Selection for Nairobi Schools Team is based on children's performance throughout the season and not just on tournament days. The selection is made by all coaches from all the participating schools.

## Inter-house Competitions and Matches

Inter-house competitions and matches are designed to include all children regardless of their ability.

## Awards

Colours will only be awarded to 1<sup>st</sup> team players (U13). To achieve colours the child will have:-

- Been a reliable member of the squad
- Represented the school in many matches
- Excelled in inter-school tournaments

Sports boy/girl of the term is awarded to children who are involved in both the major and minor sports of the term. Selection is based on strict criteria which include participation, attitude in training and matches, sportsmanship, captaincy and ability.

Sports boy/girl of the year is based on the same criteria as the termly award taking into account involvement in all major and minor sports throughout the year.



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At the end of each term each coach may award one certificate to the most improved player of the term from their group.

## Miscellaneous

Each coach is responsible for the conduct of their players and supporters. Every effort must be made to try to avoid incidents of unsportsmanlike behaviour both on and off the field, especially regarding criticism of umpires and negative comments towards players.

Any complaints should be directed to the coach of the team at an appropriate time, preferably the following day and in an appropriate manner. Parents are asked not to engage in disputes with umpires or visiting coaches under any circumstances.

## IAPS Guidelines

The IAPS has a set of guidelines regarding players, coaches, parents and spectators. Please see the attached copy from the IAPS handbook.

Sue Taylor  
Director of Sport  
Sept 2010



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