

## Senior Department SPORTS & ACTIVITIES: September Term 2009

U13	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.20am – 7.50am	----	----	----	Boys' Tennis Squad	Girls' Tennis Squad
LUNCH-TIME	Senior Choir (1.30 – 2.00)	X-Country / Athletics (12.45 - 1.15)	----	Ensembles (1.15-1.45)	----
2.00 pm – 3.00 pm	CRICKET / ROUNDERS	----	CRICKET / ROUNDERS	----	----
3.00 pm – 4.00 pm	ACTIVITIES (Orchestra)	----	CRICKET / ROUNDERS	----	ACTIVITIES
4.05pm - 5.00pm	----	CRICKET / ROUNDERS (Late Practice)	----	Swimming Squad	----

U11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.20am – 7.50am	Girls' Tennis Squad	Boys' Tennis Squad	----	----	----
LUNCH-TIME	Senior Choir (1.35 – 2.00)	----	X-Country / Athletics (12.45-1.15)	Ensembles (1.15-1.45)	----
2.00 pm – 3.00 pm		CRICKET / ROUNDERS	X-COUNTRY / ATHLETICS	----	CRICKET / ROUNDERS
3.00 pm – 4.00 pm	ACTIVITIES (Orchestra)	CRICKET / ROUNDERS	----	----	ACTIVITIES
4.05pm - 5.00pm	Swimming Squad	----	CRICKET / ROUNDERS (Late Practice)		----

Activities available this term **(fee-paying activities in bold print, with termly fee in KSh)**

MONDAY: Orchestra; Cheerleading; Hockey; Touch Rugby; Swimming; U11 Football; Table Tennis; Philosophy for Children; Spanish for Beginners; Animation; T-Shirt Printing; Video Club; **Fibres and Fabrics (3,500/-); Pottery (3,500/-); Juggling / Acrobatics (4,000/-); Squash (3,000/-); Golf (3,500/-)**

FRIDAY: Cheerleading; Scottish Dancing; Card Games; Recycling Crafts; U13 Football; U11 Football; Swimming; Aqua Aerobics; Table Tennis; Computers; **Salsa and Hip Hop Dance (3,000/-); Karate (4,500/-); Pottery (3,500/-); Tie Dye and Silk Painting (3,500/-); Tae-Kwan do (4,500/-); Juggling/Acrobatics (4,000/-)**