

Silver Coast Restaurant Guide

Here are our recommendations of places to eat around Praia D'El Rey along with directions to Peniche, Baleal, Obidos and Caldas da Rainha. Please also see the leaflets and cards in the Information Book and feel free to add your own discoveries.

At Serra D'El Rei you will find **Cozinha D'El Rei** run by George and Paula. They do great pizzas cooked in their stone oven as well as typical Portuguese food, salads and pasta. Very child friendly. They get very busy in the evenings so either call ahead or get there early; George and Paula both speak very good English. Follow the main exit out of Praia D'El Rey, turn left and follow the road up to Serra D'El Rei. At the lights turn left and Cozinha D'El Rei is on your right hand side with a green fence, before the traffic lights.

George & Paula
Closed Sunday evenings and Mondays
Tel: 262 909 392



Rio Cortiço is located on the way to the lagoon; you do not take the main entrance/exit but instead follow the road in front of the Clubhouse running towards the driving range. With fantastic views over the ocean it's great for a drink while the sun goes down with some bread, cheese, olives and octopus salad (Salada de Polvo). They also do good seafood and other meals if you want something a bit heartier. Follow the



road that runs along side the driving range out of Praia D'El Rey. You will pass the new Village currently under construction. Turn off to the right as you pass the new village and follow this road for a couple of miles until you reach a T-junction and here, turn left. You will see the Rio Cortiço sign on the side of the road. Turn left down the dirt track that leads to the beach and the restaurant is at the end of the track. It might not look much from the outside but don't let appearances put you off – you will have one of your best meals here!

Anna with Pedro Miguel who owns Rio Cortiço
Open every day for for lunch and dinner.
Tel: 939 506 718

Peniche has many restaurants specialising in seafood and is a short drive from Praia D'El Rey. Turn left out of Praia D'El Rey and drive up to Serra D'El Rei. At the mini roundabout and traffic lights turn right and continue on this road through the villages Coimbra and Atouguia do Balea. At the large roundabout turn right in the direction of Peniche. You are now on a motorway and Peniche is in front of you. At the second roundabout go straight over. On the right after this roundabout is the Water Park, 'SportAgua' which is open from July 1st. (Tel: 262 789 125 www.sportagua.com). The third roundabout joins the road from Baleal and here turn left. At the next roundabout, the fourth, keep right. You will see the old city wall on



your right and the road goes over a small bridge and leads to another roundabout! The restaurants are left here and there are many on the street. To park though take the second exit which goes up the hill and leads to a cobbled street. Follow the one-way arrow left and you will come into a small square with the church in the middle. Opposite you is **O Amara**, with the yellow awning, which has a good Portuguese menu.

Closed Mondays
Tel 262 782 095

Parking for this and the other restaurants around is easiest in this square. Walk back down to the roundabout you've just come from and turn right for a wide selection of restaurants specialising in seafood and fresh fish.

At **Restaurante do Pedro** the Lobster and sardines are particularly good (Tel: 262 785 626), but all the restaurants on Avenida do Mar are of a similar standard. Also on this street is **Bar Maria Caipirinha** which doesn't get going until 11pm or 12am. Carrying on the road bends round and on the left is the old Fort which is worth a visit. For a restaurant with a beach view continue on this road as it goes up hill, keep going straight and go up the little street facing you. At the T-junction turn right and then immediately left. Your not lost! Keep going straight and at the little roundabout go left, the road drops down into a car park with the sea in front of you and the restaurant **Port D'areia Sul** is overlooking the beach with brilliant views



over the ocean. The owners speak English and the food is very good and very good value at about €20 per head for huge prawns, rice, salad and wine. Have a look at the room next door to the restaurant, it is full of tanks of live crab - all different types and sizes, lobster and shell fish which are for sale during the day from their shop. Also it means the food they serve in the restaurant is always fresh!

Port D'areia Sul
 Closed Mondays
 Tel: 262 781 256.

Coming out of the car park and head back to the roundabout. Take the last exit signed 'Marginal Sul' and 'Cabo Carveiro' for a cliff top restaurant with stunning almost 360 ° views of the ocean called **Nau dos Corvos**. Stay on this road for a couple of kilometres. The road runs along the top of the cliff. After about five minutes you'll see the lighthouse in front of you. The road curves to the left, and then to the right, and ends at a T-junction. Turn left in the direction of 'Restaurante'. The lighthouse will be in front of you. The restaurant is on the edge of the cliff. Don't be put of by its 'WW2 bunker' appearance! The fishermen head out from about 7pm and it's a great place to watch the boats leaving the harbour.



Nau dos Corvos
 Closed Wednesday afternoons and Thursdays
 Tel: 262 789 004



The view from the restaurant.

From here retrace your steps back into Peniche to come to the old fort. Or continue around the edge, or 'marginal', of Peniche on the coast until you come to a roundabout where you go straight, through the stone wall. On your right you will pass an Intermarche supermarket and then the Marie Elizabeth sardine factory. At the next roundabout turn left for **Baleal** and Ferrel or right to take the 'new' motorway home.

How to get to Baleal from Praia D'El Rey: Take the main exit out of Praia D'El Rey, at the end of the road turn right. Follow the road through the village 'Casais do Mestre Mendo' and turn sharp right just before the church, at the sign for Ferrel. Passing through Ferrel take the right fork signed to Baleal. This road leads you to Baleal. – Great beaches and great surfing!

Coming from this direction you see some large block of flats on your left, take the third left for the Brazilian restaurant **A Tasca do Brasileiro** where their speciality is 'Nacos' or steak on a hot stone, a typical Brazilian dish. The raw meat is brought out to you sizzling on a very hot slab of marble, allowing you to cook the meat exactly as you like it, served with various vegetables, French fries, and salsa. Take the fourth left for **Voila Restaurante and Grill** which has very good dishes of the day. It also has a club attached which gets going from about 12am.

Follow the signs for Voila once in the housing estate and then left and you will see the restaurant on the left in front of you. Coming from the direction of Peniche you see the block of flats coming up on the right, take the first right turn, right in the direction of the sign for Voila and then the left.

For **A Tasca do Brasileiro** take this first right turn and then turn left into a car parking area and the restaurant is on the left in the ground floor of one of the apartment buildings.



Voila Restaurante
Tel: 262 188 162



Grill A Tasca do Brasileiro
Tel: 262 769 014

On the beachfront there are various restaurants and beach bars all serving fresh fish and seafood.

Prainha with the surfboard sign is a surfer bar with a restaurant attached, they also do cocktails, and it has great views of the surfers. **O Pescador** specialises in fresh fish. **Algamar** has live music most nights and also does very good value lunches. It's closed on Wednesday. **Danau Bar** is open late and at weekends has Portuguese karaoke, and there is **Bar do Praia**, a small beach bar. Further along the beach, about 100kms in the direction of Peniche is **BB Bar** run by Baleal Surf Camp. They have recently started doing meals but traditionally it is a beach bar open until the early hours at weekends.



On the terrace at **Algamar**



On the terrace at **O Pescador**

From Baleal head into Peniche or retrace your steps back towards Ferrel turning sharp left in the village 'Casais do Mestre Mendo'. Continue along this road until you see the left turning for Praia D'El Rey.

Caldas da Rainha has many restaurants of different nationalities.

How to get to Caldas da Rainha and a car park and some restaurants on the way: Take the A8 north and come off at exit 17 marked 'Caldas da Rainha Sul'. Turn right at the junction and continue until you come to a roundabout where you turn left. Just before the second roundabout on the right is **Supatra**, a very good Thai restaurant.

Supatra
Tel: 262 842 920



At the second roundabout go straight over and the park appears on your right hand side (in which one of the restaurants listed here is located). Follow the road round and you come to a roundabout with the statue of the 'Rainha', the Queen, on it. Here turn left and go down the hill. Take the 1st right up the hill and go straight over at the crossroads.



On the right here is the **Pizzeria Bella Milano** which is a very good Italian.
Tel: 262 835 440

To park, continue on this road and at the end, the 'Barros Ameiros', the gun shop, is in front of and you turn right. (The no entry sign refers to large vehicles only). The 'P' sign of the car park will be in front of you and turn right into it. The first half hour is free.



Where to go from the car park:

When you walk out of the car park turn right and then go next left. You are now on the main street. A block up on the right you will come across a pedestrianised cobbled street. Continue straight, past various shops, to the end of the street, with the PT office on the corner, turn left and 50m up on the left hand side is **Sabores D'Italia**, another very good Italian restaurant

Sabores D'Italia
Rua Eng Duarte Pacheco, 17
Tel: 262 845 600
Not open on Monday



If you don't fancy Italian, or just to have a look, go down the cobbled pedestrianised street, right off the main street. There are various shops and cafes here and around. The cinema is 50m up this street on the left hand side in a small arcade and shows all the latest releases showing at the same time in London. At the end of this street is Praça de Frutta where there is a fruit and vegetable market six days a week starting early and finishing about 1pm. There are more shops here, Mango, Extart & Panno, and cafes, and if you walk straight over the pedestrianised street continues down the hill. Continue down here and you will find **Camaroeiro Real** which is a good place for lunch offering good value meals.



Café Venezia



Praça de Frutta



Camaroeiro Real
The café in the Park



At the end of this street you come into a square where the old spa is located. If you turn right here the see the park on your left, which you drove past on your way into Caldas. Go into the park and there is a charming café on the right. Almost opposite the entrance into the park is **Gordao** another good Italian restaurant on the corner of a small alleyway. Follow this small alleyway, which is immediately on the right of the restaurant and it will lead you up to a street from where Praça de Frutta is on your right. The is also a good value café on the right hand side, about half way this alley called **O Tacho**. From here you can walk retrace your steps back, taking a left at the end of the narrow street in front of you and a right back into the car park.



Gordao O Tacho
Tel: 91 225 75 41



O Tacho

From the car park: there is a one way system from the car park - when you drive out you have to turn right and then right again. You drive down the hill to the roundabout with the Queen, where you entered Caldas, and here turn left. The park is now on your left. Go straight over at the next roundabout and take a right at the second roundabout. You can either take the A8 back in the direction of Lisboa, which is a right turn. Or continue on this road for **Obidos**.

Obidos from Caldas da Rainha: Continue on this road and Obidos will be in front of you. The road skirts around the outside of the town and then up the hill to a roundabout, at which you drive straight over. Continue on this road under the aquaduct and park in the car park on your left for free parking, or on your right for paid-parking.

Obidos from Praia D'El Rey: Drive up to Serra D'El Rei and turn left at the lights and the mini roundabout. Follow this road for about 10mins until you arrive at the T-junction at the end. The right is the A8 for Lisbon and Porto. Turn left for Obidos. On the outskirts of Obidos is a Pingo Doce supermarket and a roundabout at which you drive straight over. At the second roundabout turn right and immediately left for the free car parking or turn left at the roundabout and then right for the paid-parking. From either car park follow the cobbled street up to the main entrance through the wall of the old city. (If you look down to your right there is an outside cafe and just on from this is a small newsagent selling international newspapers). When you come through the arch into Obidos the road forks.



Take the right fork and walk down the hill for **Casa das Senhoras Rainhas**. The wall is on your right hand side. Slightly more expensive but the food is excellent.

Casa das Senhoras Rainhas
Open every day for lunch and dinner.
262 955 360

The left fork is the main street in Obidos and there are lots of small shops selling local specialities such as Ginja, cherry liqueur, lace and embroidery for example as well as cafes and restaurants. **Petrarum Domus** is a characterful bar/restaurant about 150m down on the right hand side and is an old wine press. And just further along is **Alcaide** which is again on the right hand side. It's one floor up and has very good views of the valley. If you continue further you see the church on your right in a small square. Take the first right after this and you will find **Lagar da Mouraira**, a typical bar, again in an old wine press but in this one the table and chairs are actually in the wine press. They specialise in Ginja, Sangria and petiscos, the Portuguese equivalent of tapas.



Petrarum Domus
Tel: 959 620



Alcaide Restaurante
www.restalcaide.com
Tel: 262 959 220
Visa, MasterCard,
American Express, Multibanco



Lagar da Mouraira

Retrace your steps to get back to the car park. Another restaurant **Illustre Casa De Ramiro** is located just outside the walls and offers typical Portuguese food of very high quality in its cavernous surroundings. To find it don't park in the car park but instead, if you are coming from Praia D'El Rey turn left once you have gone under the aquaduct onto a cobbled street and follow it along with the wall on your left. When the road forks take the right one downhill and park shortly after. Illustre Casa de Ramiro is on the left.



Illustre Casa de Ramiro

Rua Porta do Vale

Obidos

Tel: 262 959 194

Visa, MasterCard, American Express

Not open Thursdays

Outside of Obidos is **O Traçadinho** which has a small menu of well-cooked dishes plus a large selection of pizzas and two or three pasta dishes, including vegetarian ones. The road to the restaurant leads off the roundabout where the car parks are on the edge of Obidos. With Obidos behind you it's the last exit. The road goes under the arch in the aquaduct and continues uphill and then crosses over the A8. It's about 1.4km from the roundabout to the restaurant. When you enter the small village of Capeleira O Traçadinho it's on the left.



O Traçadinho

Tel: 262 959 489

Closed on Wednesdays

Going south is an excellent restaurant called **Mãe d'Água**. At the T-junction in A-da Gorda where you turn left for Obidos, turn right. Follow this road for about 7km. The road runs parallel with the A8 which you'll see on your left. Eventually you'll arrive at a very picturesque roundabout with a wine press in the center.

Turn left and drive up the hill. Descend down the other side, round some bends and at the foot of the hill as the road starts to climb a bit there is a big sign pointing to the restaurant. The food is excellent and it is definitely driving that bit further for.



Mãe d'Água

Tel: 262 605 408

Closed Sunday's and Monday's

Taxis

If you don't want to drive or you want to have a couple of drinks and not worry about driving back call José or his wife Lúcia. Both of them speak good English and know Praia D'El Rey.

Rates are as follows:

Lisboa €75

Peniche €14

Peniche at night €16

Obidos €14

Obidos at night €16

Caldas da Rainha €22

Mãe d'Água €23



José the taxi driver

Mob: 962 669 491 or 964 470 532



An alternative is **Fernando** who also knows Praia D'El Rey and the area well,

Mob: 965 022 031

Or Taxi Zeca 963 592 509 who are based in Serra D'El Rei.